

SHAREPLATES

HUMMUS & NAAN (V)

our homemade red pepper hummus with grilled naan bread and sliced cucumbers and carrots • 11

SALSA VERDE NACHOS (GF)

corn tortilla chips topped with melted cheddar cheese, seasoned black beans, salsa verde, sour cream, thin sliced jalapeños and cilantro • 12

CHICKEN +3 SOYRIZO +3 AVOCADO +2

VEGGIE QUESADILLA

sautéed spinach, red onions, mushrooms, jalapeños and cheddar cheese in a whole wheat tortilla with a side of salsa verde and sour cream • 11

EGGS

AVOCADO EVERYTHING TOAST (VO)

toasted whole wheat bread with avocado lemon mash topped with sliced tomato, a fried egg, pickled red onions and everything seasoning. served with choice of house salad, breakfast potatoes or fresh fruit • 11

SOYRIZO BURRITO (VO)

scrambled eggs, seasoned black beans, cheddar cheese, soyrizo and breakfast potatoes in a whole wheat tortilla with a side of salsa verde. served with fresh fruit • 12

BREAKFAST BURRITO

scrambled eggs, seasoned black beans, cheddar cheese, bacon or veggie bacon and breakfast potatoes in a whole wheat tortilla with a side of salsa verde. served with fresh fruit • 12

EGGS OLE (GF)

a corn tortilla topped with seasoned black beans, cheddar cheese, two fried eggs, sour cream, cilantro, salsa verde and avocado. served with choice of house salad, breakfast potatoes or fresh fruit • 12

BREAKFAST CROISSANT SANDWICH

a fresh baked croissant with chipotle aioli, melted cheddar, fried egg, sliced tomatoes, spring greens and bacon or veggie bacon. served with choice of house salad, breakfast potatoes or fresh fruit • 12

SPINACH SCRAMBLE

two eggs scrambled with sautéed spinach, red onions and choice or bacon, veggie bacon or veggie sausage with feta crumbles . served with choice of house salad, breakfast potatoes or fresh fruit with whole wheat toast • 12

MORNING MIX (VO)

two eggs scrambled with sautéed mushrooms, red onions and tomatoes topped with avocado and goat cheese. served with choice of house salad, breakfast potatoes or fresh fruit with whole wheat toast • 12

FROM THE GRIDDLE

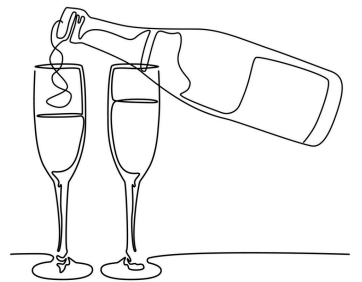
BRIOCHE FRENCH TOAST

grilled brioche with cinnamon and orange zest topped with fresh strawberries, blueberries and powdered sugar with a side of maple syrup • 11



CHAMPAGNE PACK o 13

a bottle of champagne with a side of orange, grapefruit and pineapple juice.



SIDES & ADDS

- BREAKFAST POTS • 4
- HOUSE SALAD • 4
- CROISSANT • 3
- TWO EGGS • 3
- BACON / VEGGIE BACON • 3
- TUNA OR WALDORF SCOOP • 3
- SOYRIZO • 3
- AVOCADO • 2
- FRESH FRUIT • 4
- CHICKEN BREAST • 4

COFFEE ETC.

- LAVENDER LATTE • 4.5
- DRIP COFFEE • 3
- CAFE AU LAIT • 3
- CHAI LATTE • 4.5
- MAYAN MOCHA • 4.5
- CAFE FRANÇAIS • 4
- MOCHA • 4.5
- AMERICANO • 3
- LOOSE LEAF TEA • 3
- COLD BREW • 5

16 oz +1 iced +1
almond milk, oat milk +.5

- BLENDED BANANA MOCHA • 5.5
- BLENDED BANANA VANILLA • 5.5



SALADS & BOWLS

QUINOA AND CHICKEN SALAD (GF)

quinoa with roasted chicken breast, spring greens, sliced avocado and red onions with a side of creamy herb dressing • 13

CRANBERRY & GOAT CHEESE SALAD (GF) (VO)

spring greens topped with creamy goat cheese, dried cranberries, sliced apples and candied walnuts with a side of raspberry vinaigrette • 12

GREEK SALAD (GF)

spring greens topped with kalamata olives, cherry tomatoes, cucumbers, red onions and red peppers topped with feta crumbles with a side of greek dressing • 11

EVERYTHING ZEN BOWL (GF) (V)

shaved beets and carrots with arugula, quinoa, shelled edamame, toasted pumpkin seeds, and avocado with a side of tahini dressing • 12

KALE & BLACK BEAN BOWL (GF) (VO)

cilantro rice topped with black beans, sautéed mushrooms, baby kale, feta crumbles, roasted cherry tomatoes, avocado and pickled red onions with salsa verde and vegan chipotle aioli • 12

CERES BOWL (GF) (VO)

lemon orzo pasta topped with cherry tomatoes, pickled red onions, sliced bell peppers, cucumbers, kalamata olives, feta crumbles, mint, red pepper hummus and tzatziki dressing with toasted naan bread • 12

SUNRISE YOGURT BOWL (GF)

vanilla yogurt topped with fresh strawberries, blueberries, chia seeds, bananas, pumpkin seeds, granola and honey • 10

HANDHELDS

CHOICE OF HOUSE SALAD, FRESH FRUIT OR POTATO CHIPS

CHICKEN & PESTO SANDWICH

grilled chicken breast with pesto aioli, havarti cheese, arugula tossed with lemon and olive oil, sliced tomatoes and pickled red onions on a toasted brioche bun • 12

CHICKEN STUFFED NAAN

fresh baked naan stuffed with marinated grilled chicken, cherry tomatoes, red pepper hummus, pickled red onions, arugula and tzatziki • 13

TUNA MELT

white tuna mixed with green onions, celery, diced apples and mayo served grilled with melted cheddar and sliced tomatoes • 12

WALDORF CHICKEN

chicken salad with mixed green apples, grapes, toasted walnuts, celery and mayo on top of spring greens in a fresh baked croissant • 12

B.L.T.A

bacon or veggie bacon with spring greens, sliced tomatoes, avocado and mayo • 11

THE DEN BURGER (VO)

a beyond burger patty with arugula, sliced tomatoes, avocado, red onions and 1000 island dressing on a brioche bun • 13

BOURBON BACON TURKEY BURGER

a tender turkey patty with havarti cheese, garlic pear aioli, bourbon bacon jam, sliced avocado and spring greens on a brioche bun • 13

STREET STYLE TACOS (GF) (VO)

two corn tortilla tacos with choice of chipotle aioli chicken or serrano pesto mushrooms with cilantro, pickled red onions, feta crumbles and lime with a side of black beans and cilantro rice • 12



SOUPS

CUPS • 4 BOWLS • 6

ADOBE STEW (GF) (VO)

garden veggies and beans with house made achiote broth and topped with cheddar cheese

VEGGIE CHILI (GF) (VO)

a thick vegetarian chili with beans, onions, tomatoes, beyond meat crumbles and corn topped with cheddar cheese

COLD LIBATIONS

PARADISE ICED TEA • 3

ARNOLD PALMER • 3

LEMONADE • 3

LAVENDER, STRAWBERRY OR MANGO LEMONADE • 3.5

KOMBUCHA • 6

COKE, SPRITE, DIET COKE, DR. PEPPER • 3

LEMONADE SLUSH • 4

ORANGE JUICE • 3

(GF) GLUTEN FREE
(V) VEGAN
(VO) VEGAN OPTIONAL

